

CHRONIC FATIGUE SYNDROME STUDY



THE UNIVERSITY OF
SYDNEY

There is no consensus as to the cause of Chronic Fatigue Syndrome (CFS) after more than 30 years of research, though there is agreement that it is likely to be multifactorial. Several studies indicate that chronic infection(s) may play a role in the development of CFS.

Researchers at the University of Sydney are conducting a study investigating whether tick borne infections may contribute to the symptomology of CFS.

We seek participants that are aged between 10-75 years and:

- **have been diagnosed with CFS**
- OR
- **would like to participate as a control, with no current or previous diagnosis of CFS OR history of tick borne infections OR known exposure to tick bite.**

What is involved?

- CFS diagnosed participants will be asked to provide 1 blood sample total (10ml) equating to 15 minutes duration. CFS participants will be asked to complete a reference questionnaire detailing their medical history, tick bite history and travel history at the start of the study. Two other questionnaires will be required to be completed on the day of blood collection outlining their symptomology and their fatigue levels. This should take about 30 minutes.
- Control participants will be asked to provide 1 blood sample (10ml) of approximately 15 minutes duration and to complete reference, symptoms and fatigue scale questionnaires taking about 30 minutes.
- Blood collection will be arranged at a pathology clinic convenient to participants at no charge.

Participants will receive:

- a 1 page summary of the studies overall findings
- the opportunity to have results that identify pathogens forwarded to participants doctor for further assessment. Any treatment that is undertaken by participants under the direction of their doctor will not be paid for by researchers nor will researchers be involved with directing treatment.

For More information please contact Tom Kelly, research student at The University of Sydney via email at

tkel2180@uni.sydney.edu.au